

CLAUDIA SPAHR HOLYMAMA

AUTHOR | SPEAKER
LEADERSHIP MENTOR
WELLNESS PIONEER
FOUNDER HOLYMAMA



AS SEEN IN PSYCHOLOGIES MAG, GUARDIAN, TELEGRAPH

BBC, CNN, HUFFINGTON POST, HAPPINEZ MAG, AND:

PERSONAL PROFILE

- Award-Winning Business Leader & Wellness Pioneer
- Four times international bestselling author
- Leading retreats since 2008
- HolyMama Retreat Leader Certification, trained leaders in 20+ countries since 2018
- Mother of 3 children at 40+
- Former Broadcast Journalist and Foreign Correspondent, 30+ years on TV and Radio

"Claudia speaks from her heart and thinks outside the box to reframe traditional approaches with a feminine gaze and British humour. She masters virtual, as well as hybrid and live events"

www.holymama.info
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SIGNATURE TALKS:

RETREATS AND THE POWER OF TRANSFORMATIONAL HEALING WORK
QUANTUM LOVEFIELD LEADERSHIP
WELLNESS IS THE CURRENCY NOW
PUT MAMA IN THE CENTRE
FEMININE LEADERSHIP FOR NEW TIMES

OTHER KEYNOTES AND SKILLS:

FERTILE AT ANY AGE
SPIRITUAL ENTREPRENEUR
SAFE SPACES FOR WOMEN AND CHILDREN
NEW EARTH SYSTEMS AND HUMAN DESIGN

MULTI-LINGUIST (ENG, ES, DE, FR, IT)
FESTIVAL PRESENTER: BALI SPIRIT, IBIZA
SPIRIT AND MEDICINE FESTIVAL UK